

**To compare the culture and sensitivity in single dose intravenous antibiotic prophylaxis over no antibiotic prophylaxis in the prevention of wound infection following Lichtenstein tension free inguinal hernioplasty**

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**Abstract**

**Background:** We conducted a study to compare the culture and sensitivity in single dose intravenous antibiotic prophylaxis over no antibiotic prophylaxis in the prevention of wound infection following Lichtenstein tension free inguinal hernioplasty

**Methods:** This prospective study was conducted in the Department of Surgery, Dr. Rajendra Prasad Government Medical College Kangra at Tanda from May 2018 to December 2019 after being approved by institutional protocol review committee and ethics committee. 50 patients were included in the study. These patients were randomised into two groups i.e. Group A (Antibiotic Group) and Group B (Non-antibiotic Group).

**Results:** In antibiotic group one patient developed DSSI, which was noted on 7<sup>th</sup> POD. It was in the form of purulent discharge coming from deeper layers below the external oblique aponeurosis. Sutures were removed in this patients and pus was thoroughly drained. Culture and sensitivity of pus revealed staphylococcus aureus which was sensitive to clindamycin. Initially patient was started on amoxicillin+ clavulanate, however later on patient was given clindamycin according to the sensitivity response. Later, the condition of wound improved and secondary suturing was done on 17<sup>th</sup> POD. Patient was discharged on 19<sup>th</sup> POD. The wound healed over a period of one month. There was no need for mesh removal.

**Conclusion:** One patient had DSSI, which belongs to Antibiotic Group (Group-A). Pus was drained and sent

for culture sensitivity. Culture sensitivity of pus revealed staphylococcus aureus sensitive to clindamycin. The wound healed over a period of one month. There was no need for mesh removal.

**Keywords:** Culture, Sensitivity, Antibiotic

### **Introduction**

The Lichtenstein technique is a tension-free repair of a weakened inguinal floor using an apolypropylene mesh<sup>1</sup>

Perioperative antibiotic prophylaxis is defined as a single administration of antibiotics shortly before a surgical intervention. A so-called prolonged prophylaxis including the postoperative period (e.g., 1–3 days postoperatively) should be avoided as it does not reduce the number of wound infections and is associated with an increased risk of antimicrobial resistance and side effects<sup>2</sup> Of the various methods for adult inguinal hernia repair, mesh repair is rapidly becoming the most popular technique<sup>3</sup>

Surgical-site infection (SSI) is a major potential complication of any surgical procedure. The relative reduction in risk appears to be consistently around 60% across many different forms of surgery, ranging from clean to heavily contaminated procedures<sup>4</sup>

### **Material And method**

This prospective study was conducted in the Department of Surgery, Dr. Rajendra Prasad Government Medical College Kangra at Tanda from May 2018 to December 2019 after being approved by institutional protocol review committee and ethics committee. 50 patients were included in the study. These patients were randomised into two groups i.e. Group A (Antibiotic Group) and Group B (Non-antibiotic Group).

### **Inclusion criteria**

- All Patients of both gender above the age of 18 years with unilateral or bilateral inguinal hernia.

### **Exclusion criteria**

- Patients with recurrent or strangulated inguinal hernia.
- Femoral hernia and giant scrotal hernia with massive defect.
- Below 18 years of age.
- Allergic to injection Amoxicillin+ Clavulanic acid.
- With systemic diseases like diabetes mellitus.
- Liver or renal impairment.
- Patients on steroid or antibiotic therapy within a week before surgery.
- Pregnant or lactating women.
- Immunocompromised patients will be excluded from the study.

### **Characteristics of the study**

- Participants: 50 patients who underwent inguinal mesh hernioplasty.
- Group: Group A (Antibiotic Group) and Group B (Non-antibiotic Group)
- Type of study: Randomized control clinical study.
- Randomization: By alternate method
- Intervention: Surgery-Lichtenstein tension free inguinal mesh hernioplasty
- Medication: Group A (Antibiotic Group): Injection Amoxicillin+ Clavulanic acid 1.2 gram single dose was given within one hour before skin incision in antibiotic group. The administration of the drug was done intravenously in the pre-operative room. No more antibiotic was given to these patients in the post-operative period.

- Group B (Non -antibiotic group): 10 millilitre normal saline was given in non-antibiotic group.

### Statistical analysis

Data were expressed as frequency, percentage, mean and standard deviation. Diagnostic values were calculated using MedCalc for Windows, version 19.1.17 (Med Calc Software, Ostend, Belgium).

### Results

The socio-demographic variable in both groups were comparable

Table 1: Details of the patients with surgical site infection.

Group	No.	Type of SSI	POD	Organism in Culture	Antibiotic
Antibiotic group (Group-A)	1	DSSI	7 <sup>th</sup> POD	Staph Aureus	Clindamycin
Non-antibiotic group (Group-B)	1	SSSI	2 <sup>nd</sup> POD	Not Done	Amoxicillin + clavulanate
	2	SSSI	2 <sup>nd</sup> POD	Not Done	Amoxicillin + clavulanate

SSI: surgical site infection, SSSI: superficial surgical site infection, DSSI: deep surgical site infection, POD: postoperative day.

In the Non-antibiotic group (Group-B) two patients developed SSI, which were noted on 2<sup>nd</sup> POD in the form of erythema. Thus, it was SSSI in both the patients.

In antibiotic group one patient developed DSSI, which was noted on 7<sup>th</sup> POD. It was in the form of purulent discharge coming from deeper layers below the external oblique aponeurosis. Sutures were removed in this patient and pus was thoroughly drained. Culture and sensitivity of pus revealed staphylococcus aureus which was sensitive to clindamycin. Initially patient was started on amoxicillin+ clavulanate, however later on patient was given clindamycin according to the sensitivity response. Later, the condition of wound improved and secondary suturing was done on 17<sup>th</sup> POD. Patient was discharged on 19<sup>th</sup> POD. The wound healed over a period of one month. There was no need for mesh removal.

### Discussion

The present study was aimed to evaluate the role of single dose antibiotic prophylaxis in elective open

inguinal mesh hernioplasty to prevent surgical site infection in the patients admitted in department of surgery, Dr. Rajendra Prasad Government Medical College Kangra at Tanda, during 1 year period from May 2018 to December 2019. Total 50 patients were enrolled into the study after fulfilling the inclusion and exclusion criteria.

Bidur et al. <sup>2</sup> reported that from a total of 60 patients (59 men and one woman), 30 in each group were enrolled. During the first follow-up, one (3.3%) patient developed wound infection from group B, whereas none (0%) of the patients developed wound infection from group A, with a P value of 0.365, which is not significant. <sup>2</sup>

Similarly, Aufenacker et al. reported that among 1040 patients, the number of wound infections was eight (1.6%) in the antibiotic prophylaxis group and nine (1.8%) in the placebo group, with a P value of 0.82, which is not significant <sup>6</sup>

Similarly, Ijaz et al. <sup>7</sup> reported that from a total of 100 patients who were equally divided into two groups of 50 patients each, out of one hundred patients, wound infections were found in a total of seven (7%). All the patients were equally divided into two groups of 50

each, the results showed that two (4%) patients of the antibiotic prophylaxis group had wound infection compared to five patients (10%) in the placebo group. Statistical analysis showed no significant difference in the number of wound infections in both groups ( $P = 0.240$ )

Ullah et al.<sup>7</sup> reported that a total of 166 cases of inguinal hernia mesh repair were recorded during the study period. In the antibiotic group, SSI was observed in six (7.2%) patients, whereas 77 (92.8%) had a healthy scar. In the placebo group, SSI was observed in 15 (18.1%) patients and 68 (81.9%) had healthy scars. The difference between the two groups was significant ( $P = 0.036$ ) and it was concluded that antibiotic prophylaxis is the preferred option for mesh plasty.

### **Conclusion**

One patient had DSSI, which belongs to Antibiotic Group (Group-A). Pus was drained and sent for culture sensitivity. Culture sensitivity of pus revealed staphylococcus aureus sensitive to clindamycin. The wound healed over a period of one month. There was no need for mesh removal

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